

ABDOMINAL PAIN								
GUT PAINS	ONSET	PROVOCATIVE	PALLIATIVE	QUALITY	REGION *	RADIATION	SEVERITY **	TIME
Gallbladder (Cholecystitis)	Follows fat-rich meal, or at night	Abdominal pressure	Sitting position and hunched forward, fetal position	Constricting, stabbing stabbing, "takes your breath away"	RUQ	Right scapula, anterior chest	3 - 5	Constant or intermittant, lasting about 1 hour
Ulcers (Duodenal)	1-2 hours after eating or when stomach is empty, midnight - 2 AM	Alcohol, ASA, acidic drinks	Food, milk, antacids, vomiting	Burning, stabbing pin point, gnawing cramping, heartburn	Mid-epigastrium	Back, sternum	2 - 4	Constant
Ulcers (Gastric)	30-60 minutes after eating	Alcohol, ASA, acidic drinks	Antacids, vomiting, food	Burning, stabbing, "hunger pngs", aching	Mid-epigastrium	Back, sternum	2 - 4	Constant
Trauma	CAN VARY DEPENDING UPON THE TARGET ORGAN(S)							
Pancreatitis	Sudden	Abdominal pressure, motion, supine posture	Fetal position, sitting, leaning forward	Deep, agonizing	Epigastrium	LUQ, RUQ,, back between T10 & L5	3 - 4	Constant,
Peritonitis	Sudden	Motion, coughing	Abdominal rigidity	Dull, aching	Diffuse	Back	2 - 4	Constant, varying in intensity
Pregnancy (Ectopic)	Sudden	Abdominal pressure	Fetal position	Sharp	Flank, lower abdomen	Shoulders	3 - 4	Constant
Pyelonephritis	Sudden	Supine posture, back pressure	Standing, fetal position	Burning	Flank	Suprapubic	2 - 4	Intermittent
Aneurysm (Abdominal)	Sudden	None	Rigid posture	Throbbing, burning	Lower back, flank, epigastrium	Flank, groin	2 - 4	Constant
Appendicitis	Sudden	Movement, coughing	Shallow breathing, rigid posture or Fetal position	Sharp, stabbing or steady soreness	RUQ, RLQ	Local	1 - 3	Constant,
Intestinal (Obstruction)	Sudden	Abdominal pressure	Defecation, fetal position	Colicky	Epigastric, peri-umbilical	Local	1 - 3	Constant, varying in intensity
Intestinal (Diverticulitis)	Sudden	Abdominal pressure	Defecation, fetal position	Cramping, sharp	LLQ	Local	2 - 4	Intermittent
Neoplasms	CAN VARY DEPENDING UPON THE TARGET ORGAN(S)							
Stones (Renal Calculi)	Sudden	Supine posture, back pressure	Walking	Sharp, stabbing, or dull ache	Back, flank, CVA flanks	Suprapubic,	2 - 4	Constant, varying in intensity